

Skin Typing

NAME _____ DATE _____

Please answer the following questions by circling the number which best describes you. Your clinician will total the score during the consultation.

My ethnic origin is closest to:
(check one)

<u>I. Very fair (Celtic and Scandinavian)</u>		0
<u>II. Fair-skinned Caucasians with light hair and light eyes</u>		1
<u>III. Pale-skinned Caucasians with dark hair and dark eyes</u>		2
<u>IV. Olive-skinned (Mediterranean, some Asian, some Hispanic)</u>		3
<u>V. Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)</u>		4
<u>VI. Very dark-skinned (African)</u>		5

My eye color is:

<u>Light blue</u>		0
<u>Blue/green</u>		1
<u>Green/gray/golden</u>		2
<u>Hazel/light brown</u>		3
<u>Brown</u>		4

My natural hair color at age 18 was:

<u>Red</u>		0
<u>Blonde</u>		1
<u>Light brown</u>		2
<u>Dark brown</u>		3
<u>Black</u>		4

The color of my skin that is not normally exposed to sun is:

<u>Pink to reddish</u>		0
<u>Very pale</u>		1
<u>Pale with a beige tint</u>		2
<u>Light brown</u>		3
<u>Medium to dark brown</u>		4
<u>Dark brown-black</u>		5

If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:

<u>Burn, blister and peel</u>		0
<u>Burn, then when the burn resolves there is little or no color change</u>		1
<u>Burn, but then turns to tan in a few days</u>		2
<u>Get pink, but then turns to tan quickly</u>		3
<u>Just tan</u>		4
<u>Just gets darker</u>		5
<u>My skin color is so dark I can't tell</u>		6

When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning creams?

<u>Longer than one month ago</u>		0
<u>Within the past month</u>		1
<u>Within the past two weeks</u>		2
<u>Within the past week</u>		3

Total Score: _____

If your score is:	Your skin type is:	Notes:
0-3	I	
4-7	II	
8-11	III	
12-15	IV	
16-19	V	
20-24	VI	